



AMMON ZEUS

LUXURY BEACH HOTEL

ACTIVITIES AMMON ZEUS 2023

MONDAY

- **09:30 – 17:30 Athos Cruise ! (Ammon Zeus basket 11 € p.p)***

Mount Athos is the third, eastern, and more magical peninsula of Halkidiki, which totally belongs to the church community. It is the only place in Greece that is completely devoted to the worship and prayer of God. That's why it is called in Greek Holy Mountain (Agio Oros). Information's at Concierge desk

- **11:30-12:15 Cooking Master Class / pie of the day**

Meet our Chef and learn the secrets for the traditional pie .Kali Orexi!!!!!!

Location:Greco's restaurant

Max participation 12 guests */ complimentary

- **18:30 -19:15 Get to Know our Managers :**

Meet and mingle with our Management team and taste some of our refreshing cocktails and exquisite delicacies

Location: Cocktail bar / It's our pleasure to meet you all!!!

- **18:30-21:30 Sunset Cruise Cassandra :**

Spend a sunset on a boat!There are million reasons to spend an evening on a boat, sailing over the calm Aegean Sea, watching the sun disappearing in the horizon of Halkidiki. Sunsets are one of life's greatest pleasures!!



TUESDAY

- **09:30 –17:30 Blue Lagoon Cruise (including light lunch)**

Enjoy a perfect cruise and go swimming in the "Caribbean of Halkidiki" , at the narrow pass between the islands of Diaporos and Agios Isidoros!

Information's at Concierge desk

- **11:00-11:30 Smoothies Detox zone**

Our barista are ready to explode your taste with the unique proposals from our healthy and detox smoothies

Location: Fresco bar

Max participation 12 guests * / complimentary

- **11:30-12:15 Little Chefs**

Teaching little ones how to cook "Yummy" biscuits, requires a ton of patience but the rewards are great !!!! Location:Greco's restaurant

Max participation 12 guests */ complimentary



WEDNESDAY

- **8:30 Yogilates:**

Train your body and soul with a mix of Pilates and hatha yoga !

Don't miss it .Find your chakra

Location :Ammon training spot

Max participation 10 guests/ complimentary

- **10:30 – 13:30 Treat yourself like Queen or King**

Take the advantage to taste a free face treatment with our experts Aegeo Spa therapists !!!!

Location :Aegeo Spa

Max participation 10 guests * / complimentary

- **18:00 Wine tasting / Sommeliers choice**

Be ready for an unforgettable journey with senses and tastes

Cost per person : 12€

(including 3 glasses wine with two types of P.D.O cheese and homemade bread sticks)

Location : Cocktail bar

Max participation 10 guests *



THURSDAY

- 06:30 – 20:00 Once in your life !!!!! Trip to Meteora!

(Ammon Zeus basket 11 € p.p)*

An unforgettable day trip. Travel back in time to see a unique geological phenomenon and visit monasteries built on huge rocks from byzantine times!

Information's @ Concierge desk

- 09:30 – 17:30 Athos Cruise! (Ammon Zeus basket 11 € p.p)*

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- 11:30 -12:15 Italian Homemade Pasta:

Meet our chef and learn the secrets of traditional Italian homemade Pasta . Keep Notes cause it's not going to be easy .

Location : Greco's Restaurant

Max participation 14 guests */ complimentary



FRIDAY

- 09:30 – 17:30 Blue Lagoon Cruise (including light lunch)

Enjoy a perfect cruise and go swimming in the "Caribbean of Halkidiki" , at the narrow pass between the islands of Diaporos and Agios Isidoros!

Information's at Concierge desk

- 12:00-13:00 Olive Oil tasting

Greece is globally known for it's world class olive oil. An opportunity to taste, explore and identify the fruitiness and the spicy taste of this unique product

Location: Estia veranda / Complimentary

For the participants privilege discount 20% to all extra virgin olive oil exclusive bottles

- 18:00 Ouzo paths !!

Discover Greek's most favorite spirit and take a nice taste of that ."Yamas" !!!!

Location : Cocktail bar

Max participation 12 guests * / Complimentary



INTERNATIONAL SATURDAY

- 10:00 – 11:00 Refresh –Robic !!!!

You have always been beautiful! Now you are just deciding to be healthier, fitter, faster and stronger !

Booked your participation and refresh your mind and your body

Location :Zeus Gym

Max participation 10 guests* / complimentary

- 11:30 – 12:15 Historic And Cultural Day !!!

Get to know our extraordinary history of our hotel with an amazing tour in our historical places inside and around the hotel. A special gift is be given to each participant

Max participation 14 guests * / complimentary

- 18:00-19:00 It's NOT ALLLLLLL Greek to me !!

Ever heard that phrase ????

We'll allow us to fill you in all the necessary Greek words and phrases so you can discover the most weird Greek things

Location: Lobby lounge

Max participation 10 guests * / complimentary



SUNDAY

- **09:30 – 17:30 Blue Lagoon Cruise (including light lunch)**

Enjoy a perfect cruise and go swimming in the “Caribbean of Halkidiki” , at the narrow pass between the islands of Diaporos and Agios Isidoros!

Information's @ Concierge desk.

- **10:00-16:30 Lake Kerkini: The ideal destination for nature lovers!**

This is a day trip to Lake Kerkini, one of the 10 most valuable wetland habitats in Greece with about 300 species of birds and rare animals. Local expert guide at the Lake shares information about how the area was established and how the locals preserve the area

- **10:30 – 13:30 Treat yourself like Queen or King**

Take the advantage to taste a free face treatment with our experts Aegeo Spa therapists !!!!

Location :Aegeo Spa

Max participation 10 guests * / complimentary

- **11:30-12:00 Honey tasting**

Have you heard the buzz? The most delicious varieties of locally produced honey in Northern Greece are available to try

Location: Estia veranda * / Max participation 8 guests * / complimentary

For the participants privilege discount 20% to all exclusive honey packages



*Reservations are required for any of the activity . 24 hours in advance



- **Daily Thessaloniki tours**

An opportunity to visit a top tourist destination worldwide. The nymph of Thermaikos with the White tower and the church of Agios Dimitrios .City vibes and the Modiano Agora is a must For further information please contact the reception.

- Live music nights at the bar weekly / British pop-piano and saxophone live music .Come and have fun –feel the summer time in Greece

- Greek / Italian / Asian and Worldwide gastro nights with unique wine proposals @ Estia restaurant

- High inspired Med-Greek menu at our favorite spot Greco's

- Exclusive Bike services with the expert team of Breakfreemtb

- Reach your goals with personal training / 25€ per hour

- Meet the Diver's / Fly into Halkidiki blue waters, go Scuba Diving.

Find us by the pool and get a 10% off *PADI courses and programs *Dive trips